

# May 2019

## F.C. Reed Middle School Lunch

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

|   |   |   |  |   |
|---|---|---|--|---|
|   |   | <b>1</b> <ul style="list-style-type: none"><li>• Rotini Pasta w/ Meat Sauce</li><li>• Mixed Green Salad</li><li>• Red Grapes</li><li>• 1% Milk</li></ul>                                  | <b>2</b> <ul style="list-style-type: none"><li>• Beef Tacos</li><li>• Tortilla Chips</li><li>• Salsa</li><li>• Refried Beans</li><li>• Pineapple Tidbits</li><li>• 1% Milk</li></ul> | <b>3</b> <ul style="list-style-type: none"><li>• Cheese Pizza</li><li>• Mixed Green Salad</li><li>• Diced Peaches</li><li>• 1% Milk</li></ul>   |
| <b>6</b> <ul style="list-style-type: none"><li>• Chicken Nuggets</li><li>• Twister Fries</li><li>• Baby Carrots</li><li>• Apple Slices</li><li>• 1% Milk</li></ul>                | <b>7</b> <ul style="list-style-type: none"><li>• Hot Ham and Cheese on a Pretzel Roll</li><li>• California Veggie Blend</li><li>• Watermelon</li><li>• 1% Milk</li></ul>            | <b>8</b> <ul style="list-style-type: none"><li>• Cheesy Bites</li><li>• Marinara Sauce</li><li>• Broccoli</li><li>• Red Grapes</li><li>• 1% Milk</li></ul>                                | <b>9</b> <ul style="list-style-type: none"><li>• Hot Dog</li><li>• Baked Beans</li><li>• Potato Chips</li><li>• Diced Pears</li><li>• 1% Milk</li></ul>                              | <b>10</b>   |
| <b>13</b> <ul style="list-style-type: none"><li>• Cinnamon French Toast</li><li>• Pork Sausage Link</li><li>• Potato Triangle</li><li>• Orange Smiles</li><li>• 1% Milk</li></ul> | <b>14</b> <ul style="list-style-type: none"><li>• Turkey Sub Sandwich</li><li>• Baby Carrots</li><li>• Ranch Dressing</li><li>• Potato Chips</li><li>• Watermelon</li></ul>         | <b>15</b> <ul style="list-style-type: none"><li>• Orange Chicken</li><li>• Brown Rice</li><li>• Broccoli</li><li>• Pineapple Tidbits</li><li>• Fortune Cookie</li><li>• 1% Milk</li></ul> | <b>16</b> <ul style="list-style-type: none"><li>• Lasagna Roll Up</li><li>• Mixed Green Salad</li><li>• Garlic Bread</li><li>• Diced Pears</li><li>• 1% Milk</li></ul>               | <b>17</b> <ul style="list-style-type: none"><li>• Quesadilla</li><li>• Refried Beans</li><li>• Shredded Lettuce</li><li>• Salsa</li><li>• Tortilla Chips</li><li>• Mandarin Oranges</li><li>• 1% Milk</li></ul> |
| <b>20</b> <ul style="list-style-type: none"><li>• Chicken Patty Sandwich</li><li>• Baby Carrots</li><li>• Ranch Dressing</li><li>• Apple Slices</li><li>• 1% Milk</li></ul>       | <b>21</b> <ul style="list-style-type: none"><li>• Rotini Pasta</li><li>• Alfredo Sauce</li><li>• Broccoli</li><li>• Diced Peaches</li><li>• 1% Milk</li></ul>                       | <b>22</b> <ul style="list-style-type: none"><li>• Popcorn Shrimp</li><li>• Cocktail Sauce</li><li>• Colossal Crisp Fries</li><li>• Red Grapes</li><li>• 1% Milk</li></ul>                 | <b>23</b> <ul style="list-style-type: none"><li>• Mac &amp; Cheese</li><li>• Green Beans</li><li>• Watermelon</li><li>• 1% Milk</li></ul>  | <b>24</b> <ul style="list-style-type: none"><li>• Corn Dog</li><li>• Baked Beans</li><li>• Potato Coins</li><li>• Diced Pears</li><li>• 1% Milk</li></ul>   |
| <b>27</b>   | <b>28</b> <ul style="list-style-type: none"><li>• Hamburger</li><li>• Tater Tots</li><li>• Baby Carrots</li><li>• Ranch Dressing</li><li>• Apple Slices</li><li>• 1% Milk</li></ul> | <b>29</b> <ul style="list-style-type: none"><li>• Cheese Pizza</li><li>• Mixed Green Salad</li><li>• Banana</li><li>• 1% Milk</li></ul>   | <b>30</b> <ul style="list-style-type: none"><li>• Boneless Rib</li><li>• Mashed Potatoes</li><li>• Cornbread</li><li>• Oranges</li><li>• 1% Milk</li></ul>                           | <b>31</b> <ul style="list-style-type: none"><li>• Spaghetti Pasta</li><li>• Garlic Bread</li><li>• Green Beans</li><li>• Diced Pears</li><li>• 1% Milk</li></ul>  |

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